Arnesby Curriculum For Endurance Class
Long term plan - over two years
2026 – 2027 (Cycle A) & 2027 – 2028 (Cycle B)

2026/2027 (Cycle A) SUBJECT	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR 5 AND 6 ENDURANCE CLASS						
Writing	Recounts - Races in Frozen Places- Shackleton's journey Adventure Stories - The Girl Who Stole an Elephant		Reports - Re-wilding Persuasive Writing - Advertising and Influencing Film unit (The Piano)		Short Stories - African Stories (Chasing the Sun) Poems on a theme - Migration Biographies - The Undefeated	
Reading VIPERS	The Explorer by Katherine Rundell The miraculous journey of Edward Tulane		Beyond the Frozen Horizon by Nicola Penfold Holes by Louis Sachar		Adventures of Odysseus by Hugh Lupton Kensuke's Kingdom The Tempest	
RE	U2.7 Why do Hindus want to be good?	U2.6 UC Kingdom of God For Christians what kind of king is Jesus?	U2.9 Why is the Torah so important to Jewish people?	U2.2UC Creation - Creation and science: conflicting or complementary ?	U2.11 What does it mean to be a Humanist in Britain today?	U2.13c What can be done to reduce racism? Can religion help?
Science	How does electricity work and how does its power vary?	How are living things grouped and classified?	How have living things on Earth changed over time?		How does the heart work and why is it so important?	
Art	Typography and maps		Monotypes		Set design	

Design Tech Cooking and Nutrition lessons will link specifically with other areas of the curriculum		CAD structures – architecture		Pulleys and gears: electric vehicles		Cams - automata
Geography	How do maps help us to find our way around?				Why has Britain been an attractive place to live for many who were not born there?	
History		When and why did we create the British Empire?	What was the impact of the World War 2 on Britain?			What did the Ancient Greeks bring to the world?
Music	Sing, play, perform: accompanying songs with polyrhythms	Singing together: music that comments on social change	Compose and rehearse: improvising with the minor pentatonic scale	Playing together: arranging and rehearsing a fusion performance	Compose and Create: creating melodic variations based on a theme	Singing for performance: conveying emotion and character through performance
PSHE	Emotions: How can we manage challenges? Communities: How can we ensure fairness and respect for	Communities: How can we ensure fairness and respect for women and girls? (Healthy relationships: Is there such a	Healthy relationships: How can I be a great friend?	Power in relationships: How do I get help if I don't feel safe?	Physical Health: Is it hard to be healthy? Risky substances: why do people get addicted?	Staying safe and healthy: How can I avoid harm?

	women and girls?	thing as a perfect family?				
Computing UKS2 A	Introduction to computer systems (Computing systems and networks)	Introduction to computer systems (Computing systems and networks)	Introduction to vector graphics (Creating media)	3D modelling (Creating media)	Flat-file databases (Data and information)	Introduction to spreadsheets (Data and information)
Online Safety	<u>Media influence:</u> Who decides what I experience in the online world? • Understanding online influencers • How algorithms influence what we see	<u>Media influence:</u> Who decides what I experience in the online world? • Understanding my power online • The power of data	<u>Our online lives</u>: How do I thrive online? • Dangers to watch out for in the online space	<u>Our online lives</u>: How do I thrive online? • Group chats	<u>Our online lives</u>: How do I thrive online? • Online comparisons • Thriving online	
MFL – Spanish	Me Presento (Introducing me)	Mi Familia (my family)	Mi Casa (my home)	La Classe (the classroom)	La Ropa (clothing)	All about me Consolidation
PE	**Fitness** Agility, balance, co-ordination, speed, strength, stamina **(Dance Festival)**	**Gymnastics** Shapes, balances, rolls, jumps, inverted movements	Tag Rugby	**Yoga** Balance, flexibility, strength Netball	**Athletics** jumping, throwing	Sports day Athletics

	Ball skills **Netball** Sending, catching, tracking, dribbling	**Handball** Sending & receiving, dribbling, attacking and defending	**Dodgeball** Throwing and catching	**Tennis/Pickle Ball** Shots, serving rallying, footwork	**Football**	**Rounders** Striking, fielding, throwing, catching

Arnesby Curriculum Long term plan over two years
2026-2027 (Cycle A) & 2027-2028 (Cycle B)

2027-2028 (Cycle B) SUBJECT	**Autumn 1**	**Autumn 2**	**Spring 1**	**Spring 2**	**Summer 1**	**Summer 2**
YEAR 5 AND 6 ENDURANCE CLASS						
Writing	Instructions and Explanations - Adventures Classic fiction - The Iron Man		Reports and Recounts – Space Interviews - Black and British Short Stories on a Theme - Happy Here (Black Voices)		Science Fiction – The Boy in the Tower The Boy the Mole the Fox and the horse - Musical for Schools - BBC Teach	
Reading VIPERS	The Boy At The Back Of The Class- Onjali Rauf Fly Me Home – Polly Ho Yen		The Wolf Wilder – Katherine Rundell		Escape to the River Sea – Emma Carroll	
RE	U2.8 What does it mean to be a Muslim in Britain today?	U2.3 UC Why do Christians believe that Jesus is the Messiah?	U2.4 How do Christians decide how to live? 'What would Jesus do?'	U2.1 UC God - What does it mean for Christians to believe that God	U2.10 What matters most to Humanists and Christians?	U2.14 Green Religion? What do religious and non-religious worldviews

				is holy and loving?		teach about caring for the Earth?
Science	Life cycles	Sight	Materials	Space	Forces	
Art	2D/3D		Brave colour		Activism	
Design Tech Cooking and Nutrition lessons will link specifically with other areas of the curriculum		Combining fabrics - accessible textiles		Systems and control- sensor alarms		Products and people- inspirational design
Geography		North America	Local study Fieldwork skills		Fairtrade Climate change	
History	Islamic civilisation		1066 to the present day			
Music	Sing, play, perform: adding tuned accompaniment to part-singing	Singing together: how songs unite us	Compose and rehearse: creating and combining minimalist cells	Playing together: discovering different vocal timbres	Compose and Create: composing a minor melody on a stave	Singing for performance: syncopation in songs
PSHE	Emotions: How can we manage our emotions through periods of change? How can we show respect to people of different races and cultures?	Communities: How can we show respect to people of different races and cultures? Healthy relationships: How can we live in harmony	Healthy relationships: How can we have healthy boundaries?	Power in relationships: What are my boundaries?	Physical health: How do I plan a healthy week? Risky substances: why do people use alcohol and drugs?	Staying safe and Healthy: How can I save a life? Puberty: What happens during adolescence?

Computing UKS2 B	Communication and the internet (Computing systems and networks)	Web page creation (Creating media)	Exploring selection in physical computing (Programming)	Using selection in programming to develop a quiz (Programming)	Using variables in programming to develop a game (Programming)	Sensing movement with physical computing (Programming)
Online safety	<u>Media influence:</u> How do I decide what is true online? • Online motivations and bias • Recognising fake and AI generated images	<u>Media influence:</u> How do I decide what is true online? • Algorithms and echo chambers • Verifying what I see online	<u>Media influence:</u> How do I decide what is true online? • Finding health information online	<u>Our online lives</u>: What should I share online? • Deciding what to share online • Peer pressure online • Power in online space	<u>Our online lives:</u> What should I share online? • Discrimination in the online space	
MFL – Spanish	Tienes una mascota? (Do you have a pet)		Que tiempo hace? (What's the weather doing?)		En la cafeteria (in the cafeteria)	
PE	**Dance** Actions, dynamics, space, relationships **Fitness/Cross Country**	**Sportshall Athletics** **OR** **Fitness** Agility, balance, co-ordination, speed, strength, stamina	**Gymnastics** Shapes, balances, rolls, jumps	**Tag Rugby**	**Swimming** Strokes, breathing, water safety **(Netball)**	**Swimming** Strokes, breathing, water safety **(Athletics)**
	Ball skills	Dodgeball	Basketball	**Pickleball**	**Athletics**	**Cricket**

	Sending, catching, tracking, dribbling, space, attacking and defending **Football**			Shots, serving rallying, footwork	Running, jumping, throwing	Striking fielding throwing & catching